



## INTRODUCTION

### Message From Our Manager

Welcome to our latest newsletter from The Amwell Care Home. It has been a busy and positive period for residents and staff, with plenty of opportunities to get involved in the community, celebrate special occasions and enjoy time together.

As we move through the seasons, it's lovely to see residents continuing to try new activities, reconnect with familiar faces, and make plans for the months ahead. Thank you to our families and friends for your continued support - it makes a real difference to life in our home.

I hope you enjoy reading about what we've been up to.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

**Aarti Popat**  
Home Manager



## ACTIVITIES & EVENTS

### Out & About in the Community

Residents have been enjoying spending time out in the local community, whether for short trips, social visits or simply a change of scenery. These outings offer the chance to stay connected with familiar places and enjoy fresh air and conversation.

We have also been making plans for our garden in preparation for spring. Residents have been sharing ideas about what they would like to plant and how they would like the space to look. It's something many are looking forward to as the weather improves.



### Welcoming New Friends

We have recently welcomed a local day service for adults with learning disabilities into the home to use our facilities and spend time with our residents. These visits have been a real success, helping to build new friendships and strengthen community links.

Spending time together through shared activities and simple conversation has been valuable for everyone involved, and we look forward to continuing this partnership.



### Visits from Oasis Preschool

We always look forward to the weekly visits from Oasis Preschool. The children bring a great deal of energy and enthusiasm, and residents are genuinely delighted to spend time with them.

Whether taking part in activities together or simply chatting, these visits continue to be a highlight in the week for many of our residents.



### Creative Food Fun

Residents have been enjoying some simple food preparation activities, including making fruit kebabs and trying out different 'no-bake' recipes. These sessions are relaxed and sociable, and they provide an opportunity for residents to be involved in preparing something they can then enjoy together.



### Birthday Celebrations

We have had some wonderful birthday celebrations over recent months. Our catering team have once again gone above and beyond, preparing homemade cakes and treats that have been thoroughly enjoyed.

Each birthday is marked in a way that feels special to the individual, and it's always lovely to see residents gathering together to celebrate.



## SEASONAL CELEBRATIONS

### Christmas Market for Make-A-Wish Charity

One of the highlights of the festive season was our Christmas Market in aid of Make-A-Wish UK. The event was well attended by residents, families and members of the local community, including the Mayor of Melton.

We were also treated to a musical performance from a local brass band and, of course, a visit from Father Christmas. Thanks to everyone's support, we raised **£216.11** for the charity. It was a successful and enjoyable day for all involved.



### Halloween Celebrations

Halloween was marked with pumpkin decorating and a lively performance from Charmaine, which brought plenty of movement and participation. Residents enjoyed getting involved in the seasonal fun and watching the pumpkins take shape.



## EXTERNAL LINKS

### Social Media

Make sure to check out The Amwell Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

### Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)