



the
amwell



INTRODUCTION

Message From Our Manager

As we move into the winter season, I want to extend a warm welcome to all our residents, families, and friends. This time of year encourages us to slow down, reflect, and appreciate the comfort of community.

Here at The Amwell, we remain committed to providing a safe, nurturing environment where every resident feels valued and supported. I hope this newsletter offers a glimpse into the wonderful activities, achievements, and moments of joy we've shared recently.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Aarti Popat

Home Manager



ACTIVITIES, NEWS & EVENTS

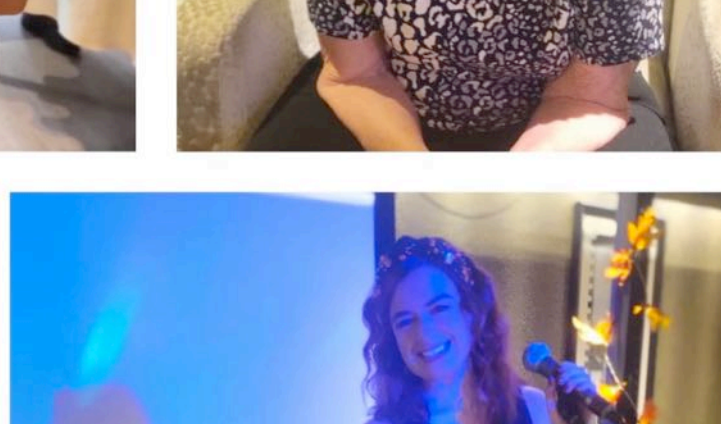
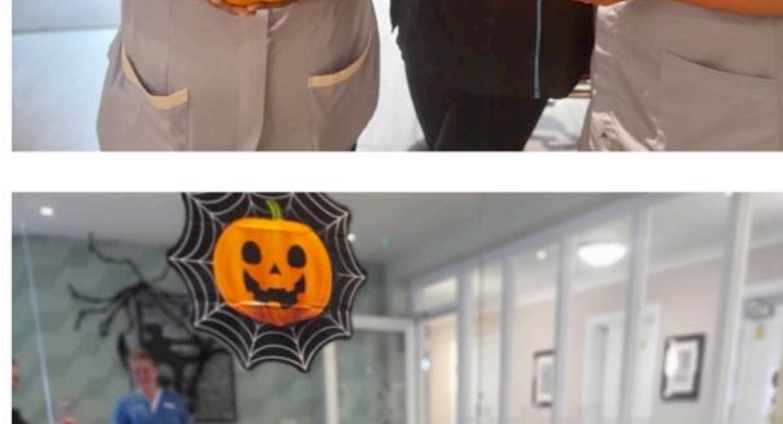
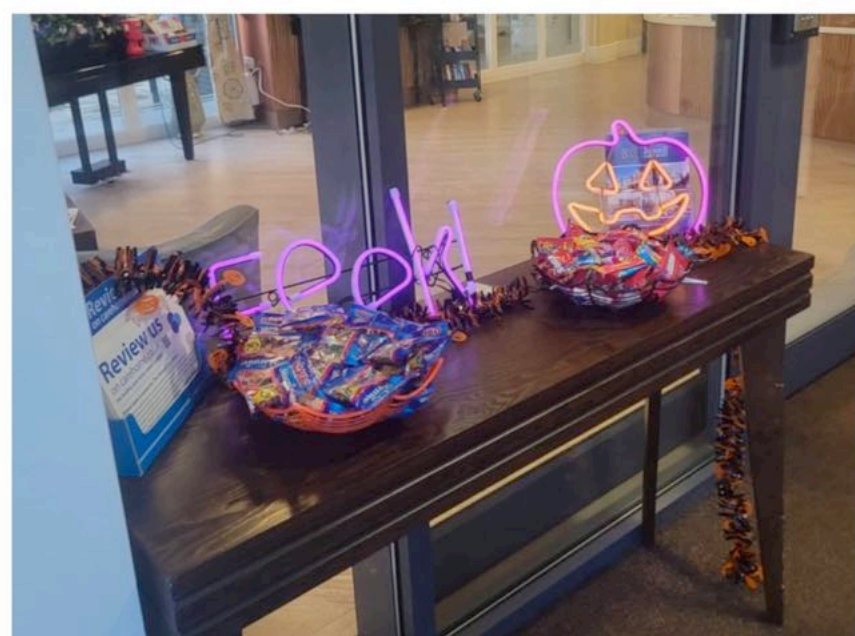
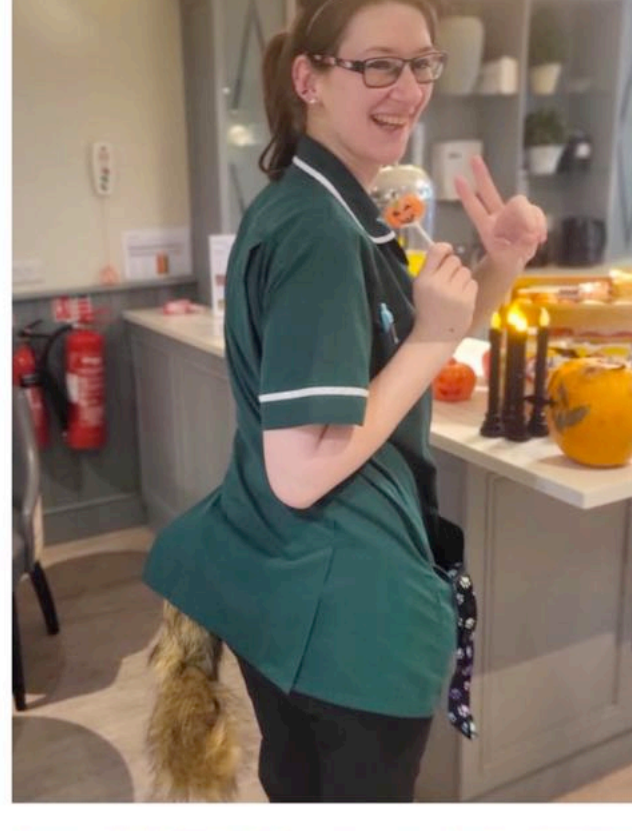
Autumn Crafts

As the autumn colours arrived, our residents channelled the beauty of the season into their craft projects. Creative sessions included making beautiful autumn wreaths, bringing warm tones and bright splashes of colour into the home. These activities offer a lovely way to celebrate the cosy days of autumn while sharing stories, enjoying conversation, and letting imaginations flourish.



Halloween

Halloween was full of excitement at The Amwell as our residents embraced the spooky season with enthusiasm. The day began with pumpkin carving and decorating, where creativity was in full swing and plenty of laughter filled the room. Afterwards, everyone enjoyed a fantastic themed performance in our cinema, followed by fun and games that brought plenty of happy faces. It was a wonderful celebration that captured the spirit of the season and created lasting memories for all.



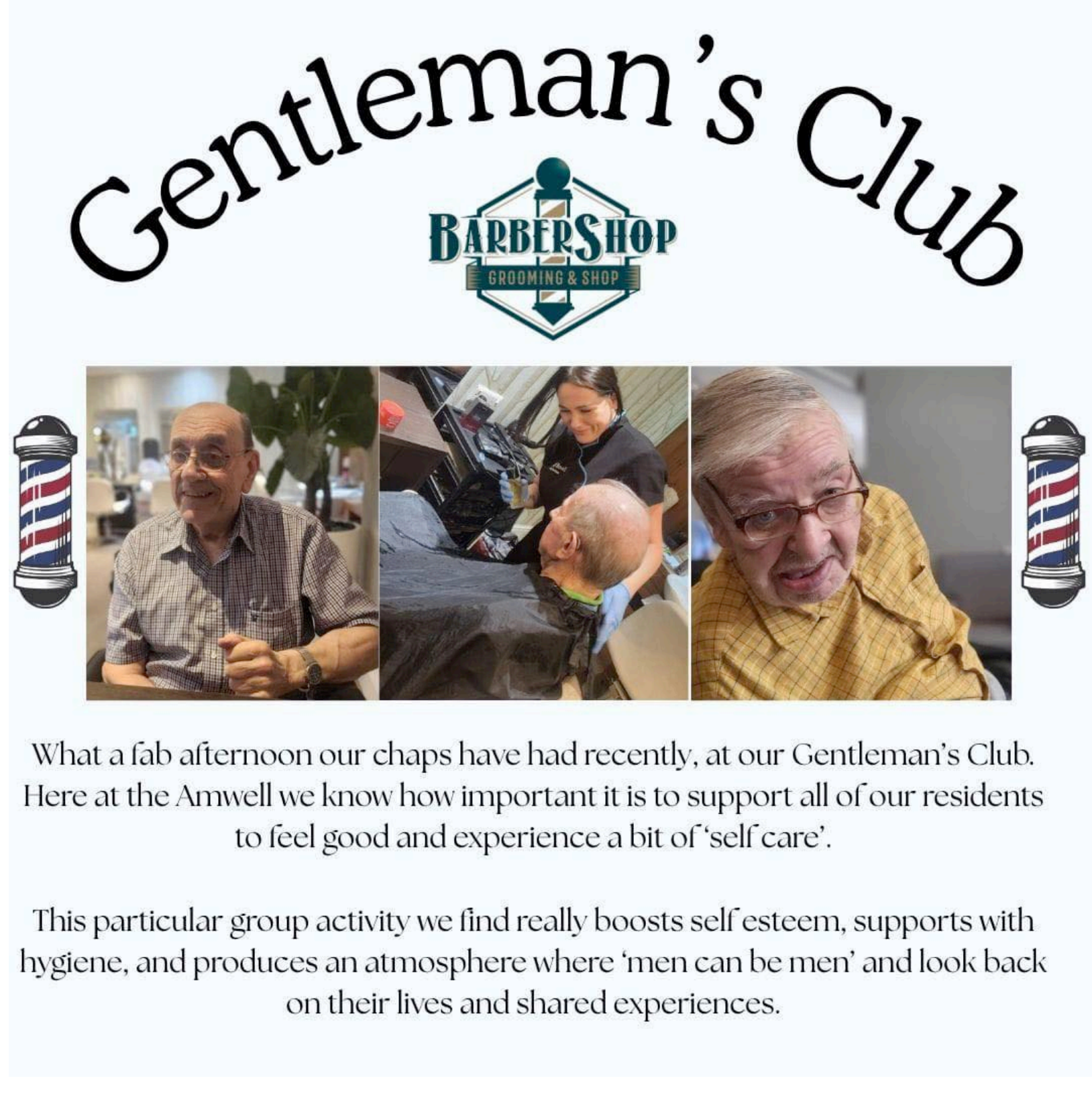
Book Nook

We're delighted to introduce our "Take a Book, Donate a Book" corner at The Amwell! This cosy little book nook is open to residents, families, and friends, offering a simple way to spread kindness through the joy of reading. Whether you choose a story that makes you smile or leave behind a favourite book for someone else to enjoy, each exchange helps grow a warm and thoughtful community. Together, we're building a shared space filled with imagination, comfort, and connection.



Fresh Trims & Good Times

Our Gentleman's Barbering Club continues to be a much-loved event, offering residents a relaxing grooming experience in good company. The sessions provide far more than a haircut or shave - they offer a moment of dignity, confidence, and companionship. With laughter, friendly chat, and a touch of old-school charm, the barbershop atmosphere brings a sense of tradition and wellbeing that our gentlemen look forward to each time.



What a fab afternoon our chaps have had recently, at our Gentleman's Club. Here at the Amwell we know how important it is to support all of our residents to feel good and experience a bit of 'self care'.

This particular group activity we find really boosts self esteem, supports with hygiene, and produces an atmosphere where 'men can be men' and look back on their lives and shared experiences.

Charity Spa Session

Residents recently enjoyed a soothing pamper session in our salon - all while supporting a wonderful cause. The salon was filled with relaxation, smiles, and plenty of treats as everyone came together to raise funds for Make-A-Wish. It was a thoughtful and uplifting experience that combined self-care with heartfelt generosity.



Reminiscence

Our reminiscence sessions continue to play an important role in helping residents reflect on meaningful moments from their past. Through music, photographs, and shared stories, residents reconnect with memories that have shaped their lives. These gentle sessions are especially valuable for those living with dementia, helping to spark familiarity, smiles, and heartfelt conversations. At the core of it all is connection - celebrating life, friendship, and the memories that bring us all together.



EXTERNAL LINKS

Social Media

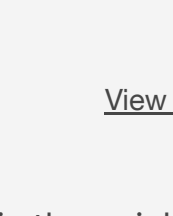
Make sure to check out The Amwell Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

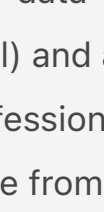
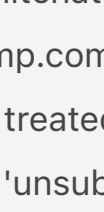
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[Carehome.co.uk](#) & [Google Reviews](#)



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