







INTRODUCTION

#### Message From Our Manager As we write this newsletter, we have been reflecting on what a full and joy-packed

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summer it's been here at our home. Thank you to everyone - residents, relatives, volunteers and our brilliant team, who helped make the past few months so special. Grab a cuppa and enjoy a peek into our summer highlights!

If you know someone who would like to receive our email newsletters/updates just

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Best wishes,

Aarti Popat

Home Manager



Dancing for Dementia: A Visit

**ACTIVITIES & EVENTS** 

# from TDA Dance School We were delighted to welcome the talented young dancers from TDA Dance School as part of their wonderful 'Dancing for Dementia' campaign. Their mission is to bring joy, music, and movement to 50 care homes across Leicester and we were thrilled to

The visit created a truly special atmosphere. The connection between the children and our residents was heart-warming, full of laughter, hugs and moments we won't forget. Music and dance filled the room, and it wasn't long before feet were tapping and hands were clapping along.

A huge thank you to everyone at TDA for their energy, kindness, and for creating such a memorable afternoon. The smiles on our residents' faces said it all.

PANCE FOR PHENTIA



## Our 'Around the World' cultural journey took us to the vibrant and colourful country of Ghana. With help from our wonderful Ghanaian team members, we spent the day immersed in Ghanaian traditions, music and, of course, delicious food. Residents got stuck in preparing dishes such as fried and boiled plantain and gizzard, and the feedback was unanimous - absolutely delicious! Traditional outfits,

huge thank you to everyone who helped bring it to life.

dancing, and even handmade friendship bracelets added to the festive atmosphere.

It was a brilliant day of learning, sharing, and celebrating the richness of Ghanaian culture, all made even more special by the involvement of families and children. A



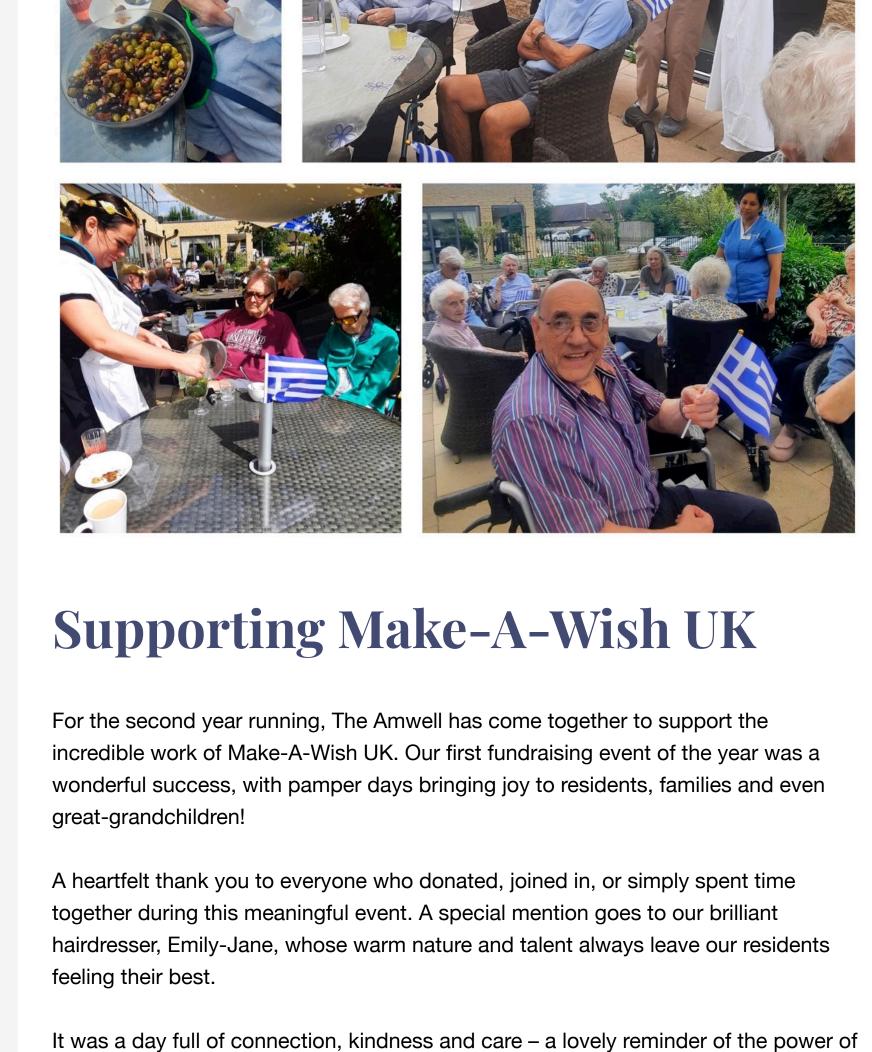
### fresh from the barbecue, tangy feta salads, olives, and even homemade ouzo for those feeling brave. The day was full of fun and laughter, from dancing and plate-balancing to sparklers in place of traditional fire rings. We even added a little brain exercise with a sunny

garden quiz.

Residents and staff enjoyed a true taste of the Mediterranean with Greek kebabs

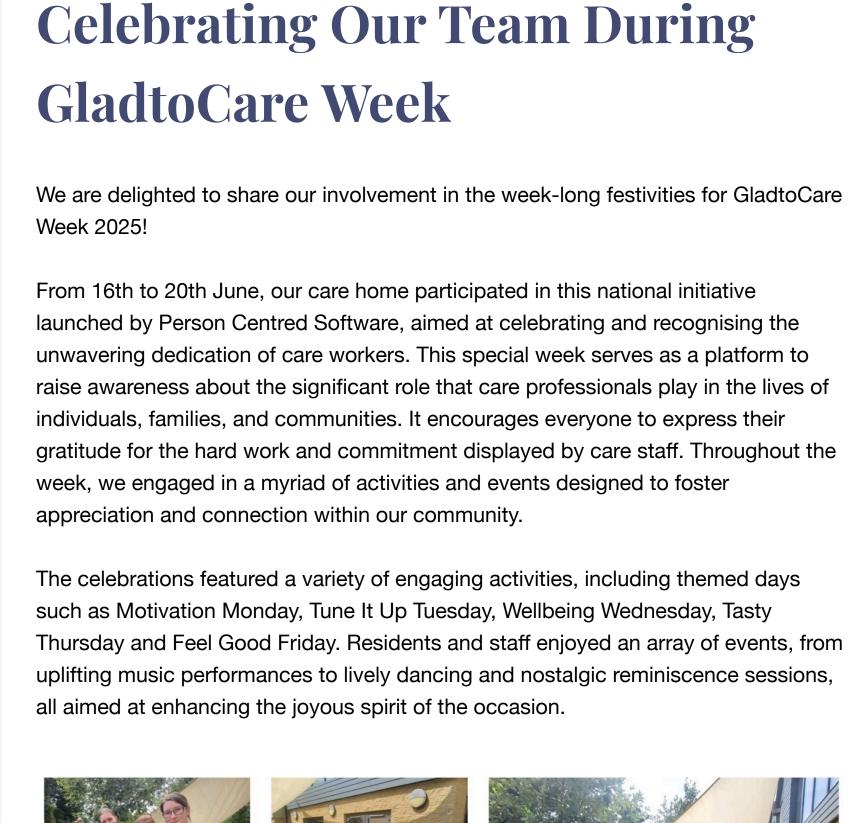
big thank you goes to our kitchen team for helping bring these cultural experiences to life through delicious food. Greece may be ticked off the list, but our 'Around the World' journey continues – where will we go next?

The activities team looked the part dressed as Greek goddesses, and as always, a

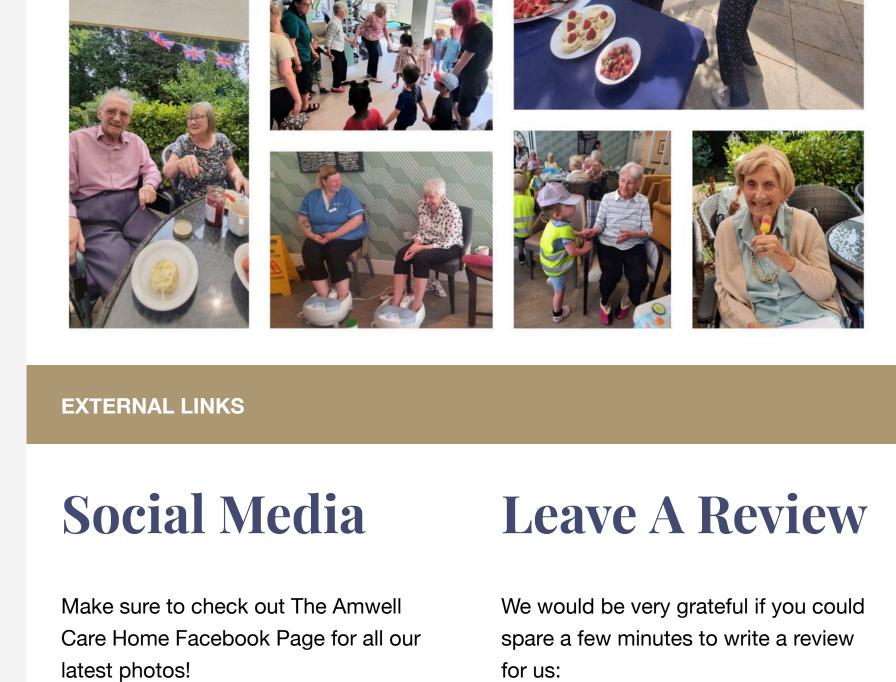


community.





**STAFF NEWS & EVENTS** 



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