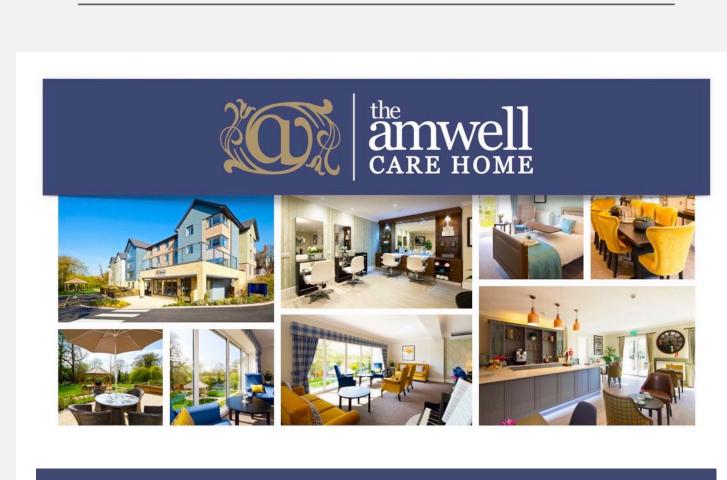
## A WARM WELCOME TO OUR SUMMER 2024 Quarterly Newsletter



**Manager's Introduction** 

As the summer months unfold, our care home has been buzzing with a multitude of

meaningful activities and events tailored to enrich the lives of all our residents. We welcome you to delve into the latest newsletter and read all about our latest happenings within our home... Also, if you know someone who would like to receive our email newsletters/updates

just let us know, or forward them the newsletter sign up link below: Newsletter Sign-Up

## Best wishes,

**Jack Titterton** 

Home Manager



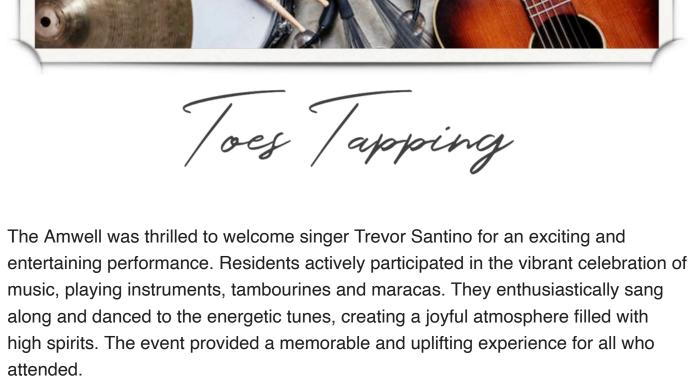
# The Amwell Olympics



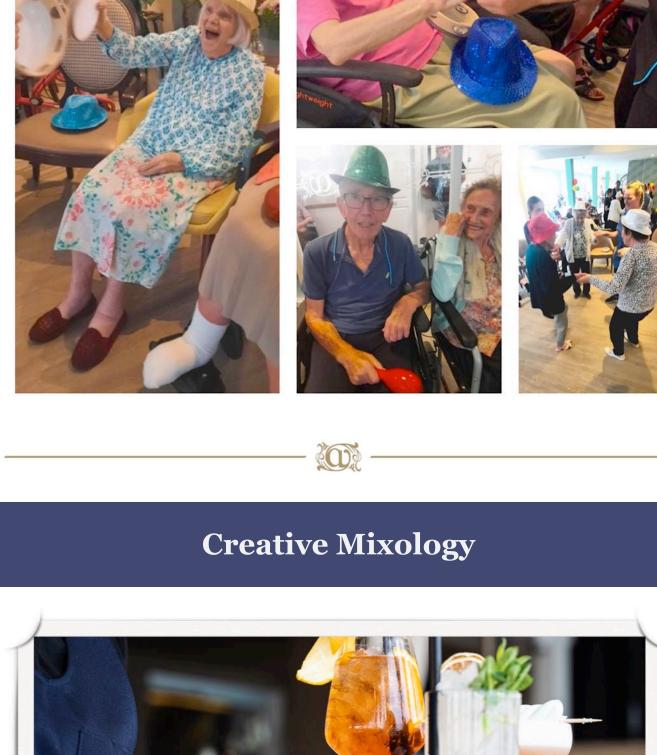
excitement and camaraderie for residents, families and friends. The activities staff transformed the home into a mini Olympic village, setting up areas for residents to compete in various sports. The day began with a vibrant opening ceremony, showcasing residents' skills and determination in each event, and concluded with a

medal ceremony. The event provided residents with the opportunity to experience a variety of activities, fostering social interaction, teamwork, mental stimulation and personal fulfillment. Overall, The Amwell's Olympics was a celebration of togetherness and the joy of active living!

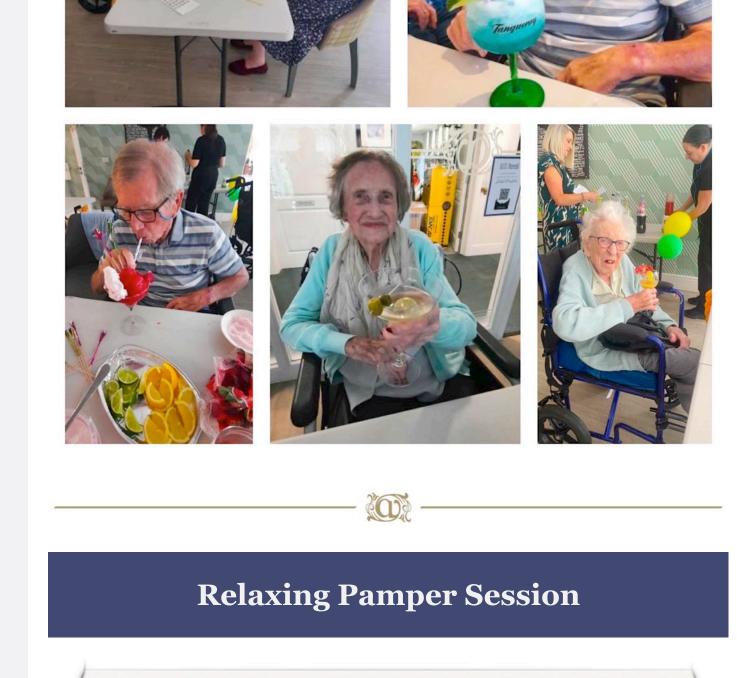










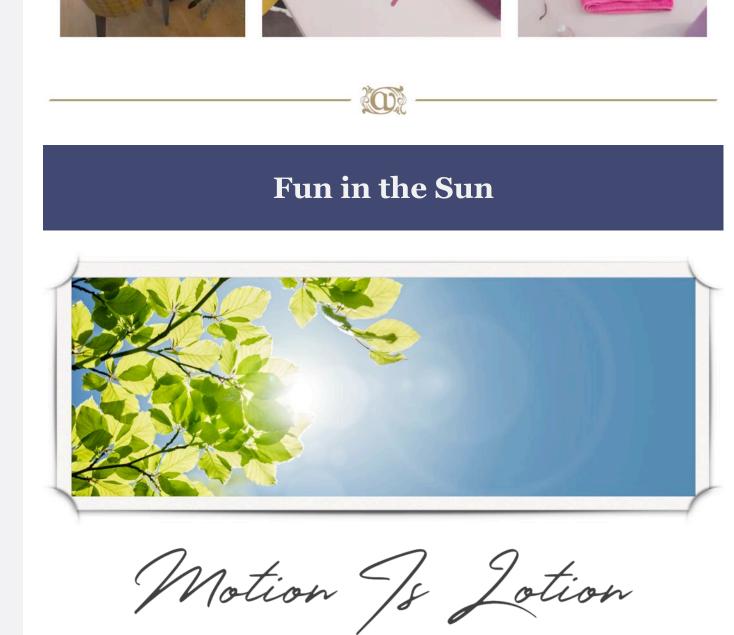


### The Amwell recently hosted a delightful pamper session, providing a relaxing and indulgent experience for our residents. From nail painting to foot spas and massages, residents enjoyed the opportunity to unwind and be pampered in a

Relax & Rejuvenate



tranquil and supportive environment. Each service was designed to offer comfort



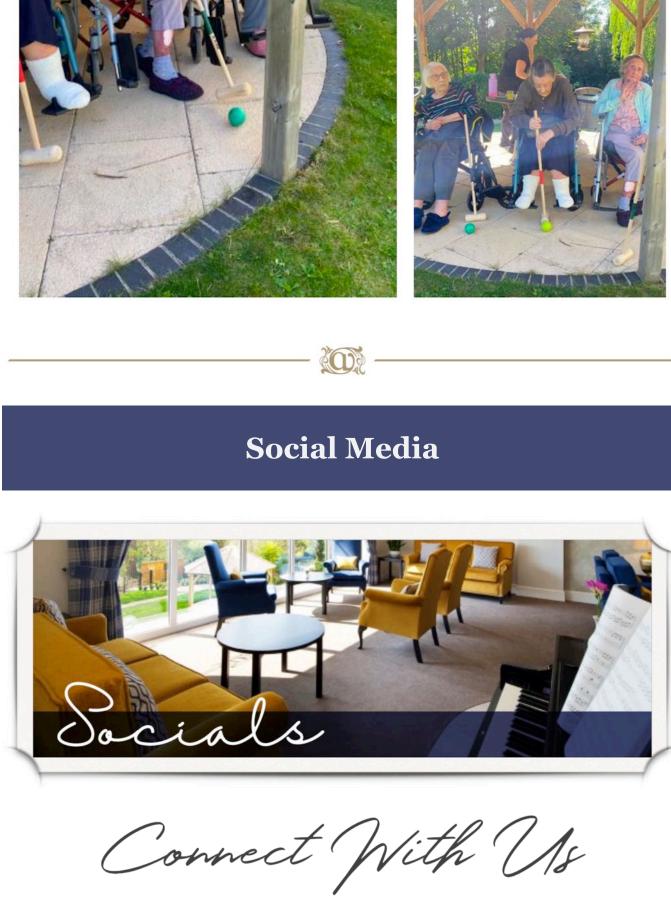
Residents at The Amwell enjoyed a fun-filled garden games day, filled with a range

of outdoor activities under the bright sunshine. Classic games such as croquet, ball

sun.

games and various catching and throwing activities were featured, allowing residents

to be active and socialise in the beautiful weather. Laughter filled the day as everyone delighted in the simple pleasures of outdoor play and the warmth of the



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