

A WARM WELCOME TO OUR
WINTER 2023/24

Quarterly Newsletter



Manager's Introduction

It brings us great pleasure to welcome you to our latest newsletter! As we witness the first snowdrops in bloom and the daffodils now peeking through the ground, it reminds us that winter is soon to be behind us. We are filled with warmth and enthusiasm as we anticipate longer and lighter days ahead.

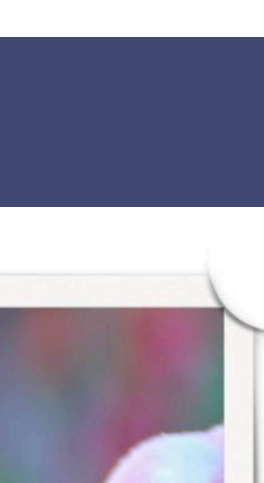
While we wait for the spring, we are making the most of all that we have to offer indoors, and outdoors on the milder days. We've planned a range of exciting events that will not only bring us joy but also keep us mentally and physically active. We invite you to join us as we delve into all the ways we've been living life to the fullest.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

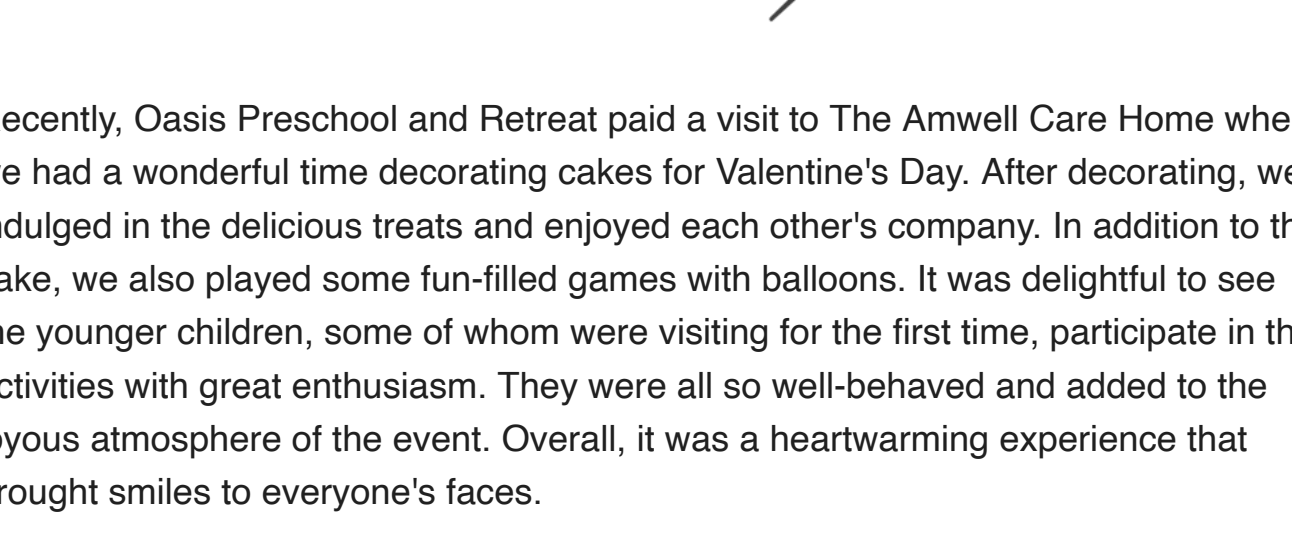
[Newsletter Sign-Up](#)

Best wishes,

Jack Titterton
Home Manager



Intergenerational Fun



Kids At Heart

Recently, Oasis Preschool and Retreat paid a visit to The Amwell Care Home where we had a wonderful time decorating cakes for Valentine's Day. After decorating, we indulged in the delicious treats and enjoyed each other's company. In addition to the cake, we also played some fun-filled games with balloons. It was delightful to see the younger children, some of whom were visiting for the first time, participate in the activities with great enthusiasm. They were all so well-behaved and added to the joyous atmosphere of the event. Overall, it was a heartwarming experience that brought smiles to everyone's faces.

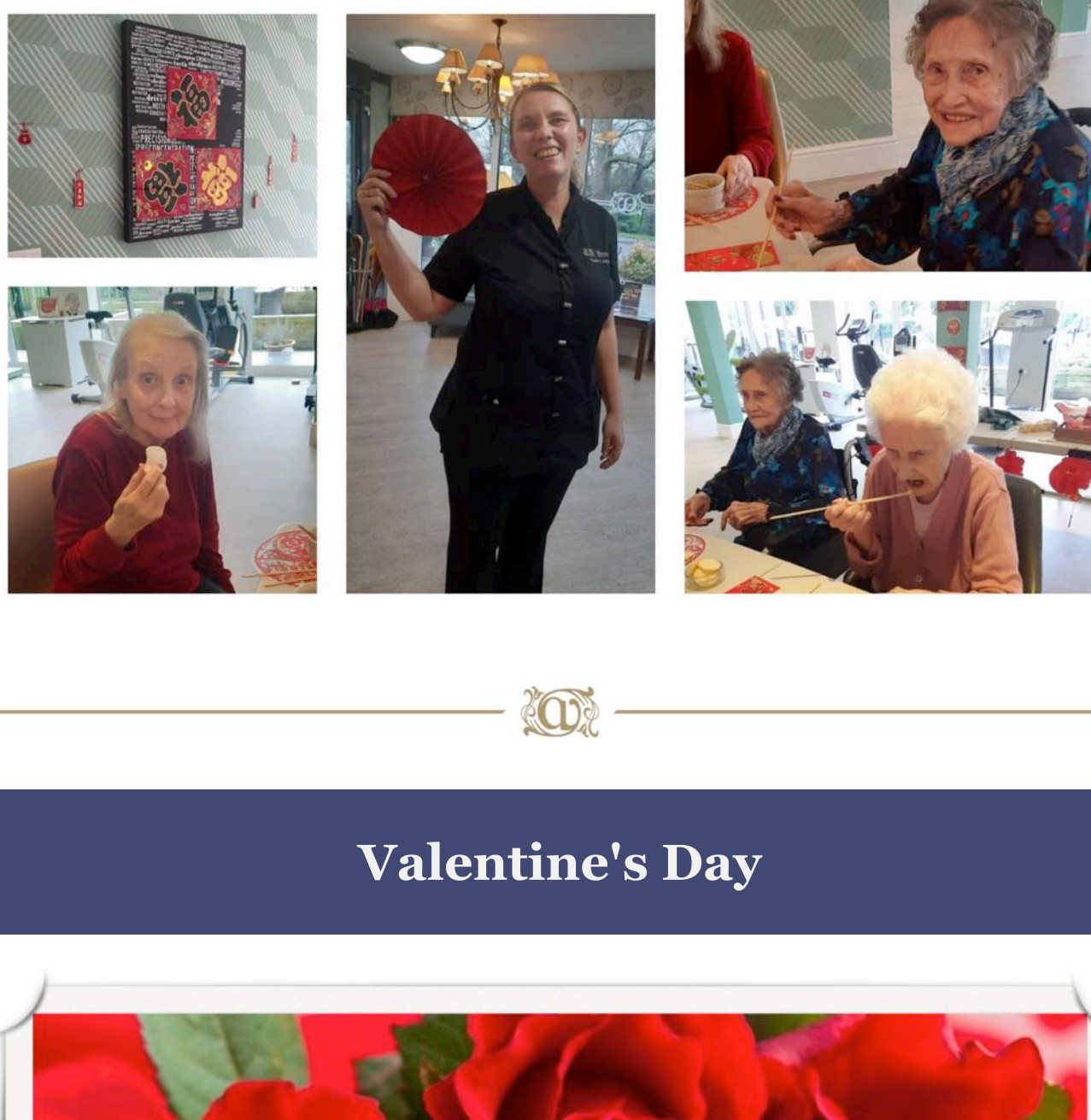


Chinese New Year

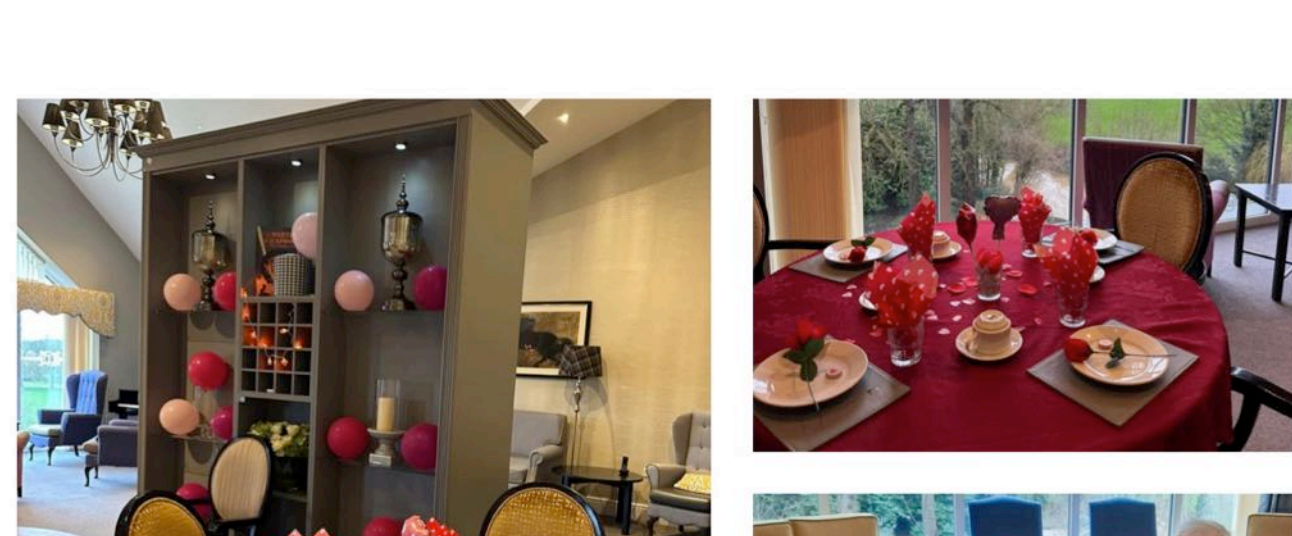


Festive Celebrations

We celebrated Chinese New Year on the 10th of February. Our home was decorated perfectly to celebrate the year of the dragon and it was a great opportunity for us to learn more about the Chinese culture and traditions. We enjoyed tasting foods, reading poems and mastering the art of chopsticks!

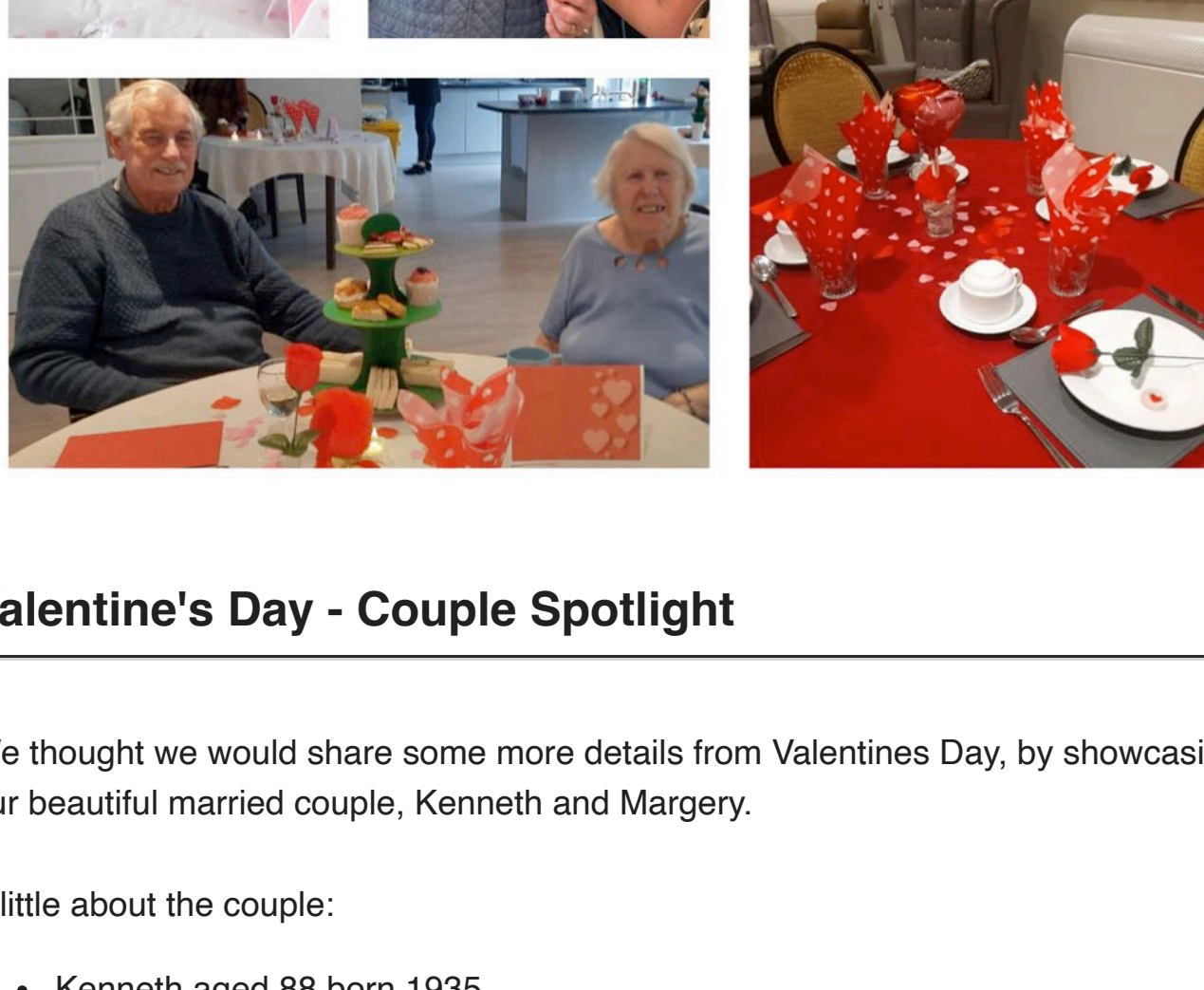


Valentine's Day



Love Is In The Air

Love was certainly in the air here at the Amwell. Valentine's Day was celebrated in style this year with decorations a plenty. Thank you to all who joined us in celebration, we hope our lovely couples enjoyed their special meal together...



Valentine's Day - Couple Spotlight

We thought we would share some more details from Valentines Day, by showcasing our beautiful married couple, Kenneth and Margery.

A little about the couple:

- Kenneth aged 88 born 1935.
- Margery age 84 born 1939.
- They were married in the early 60's and met at a dance.
- They have been married 60 years.
- Ken was born and grew up in Darwin in Blackburn.
- Margery was born in Lancashire.
- Kenneth and Margery moved to Stathern village near Melton in 1988.
- Ken worked in construction.
- Margery was a Primary School Teacher.
- They have a son called David. He often rings the home to chat with them.

They took part in our challenge where we asked residents for their advice how to make a relationship last... Sharing some wise words and secrets to a long happy marriage, such as 'don't go to bed angry'. The couple also took part in the game 'Mr and Mrs' and enjoyed reflecting on their relationship.

Both Kenneth and Margery spent Valentine's Day enjoying a specially made buffet (set up by The Amwell Activity Team) together with their friends from The Amwell and their partners.

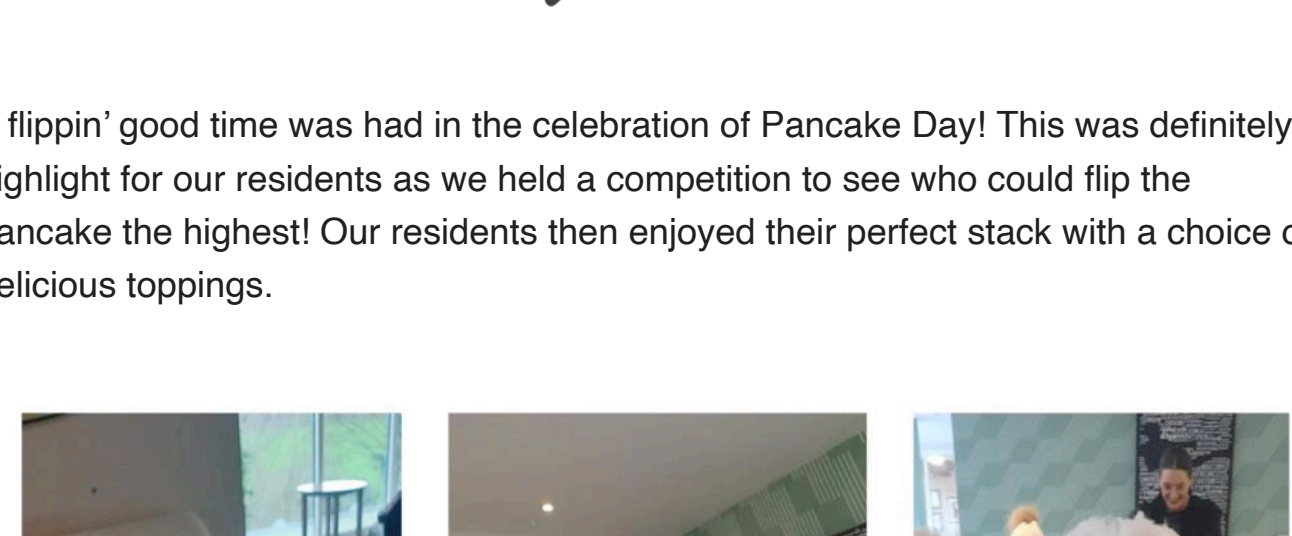
They spent all day together in the home, the couple also enjoyed sharing hot chocolates together and taking part in our children therapy sessions - they both like having visitors such as singers and dances as they love to dance.

The couple extremely enjoyed Valentine's Day; they made cards for one another during our activities. Ken gave Margery a rose as a gift, as this has been his way of celebrating for all the years throughout their relationship.

Here is to many happy Valentine's Days together ahead 🍷

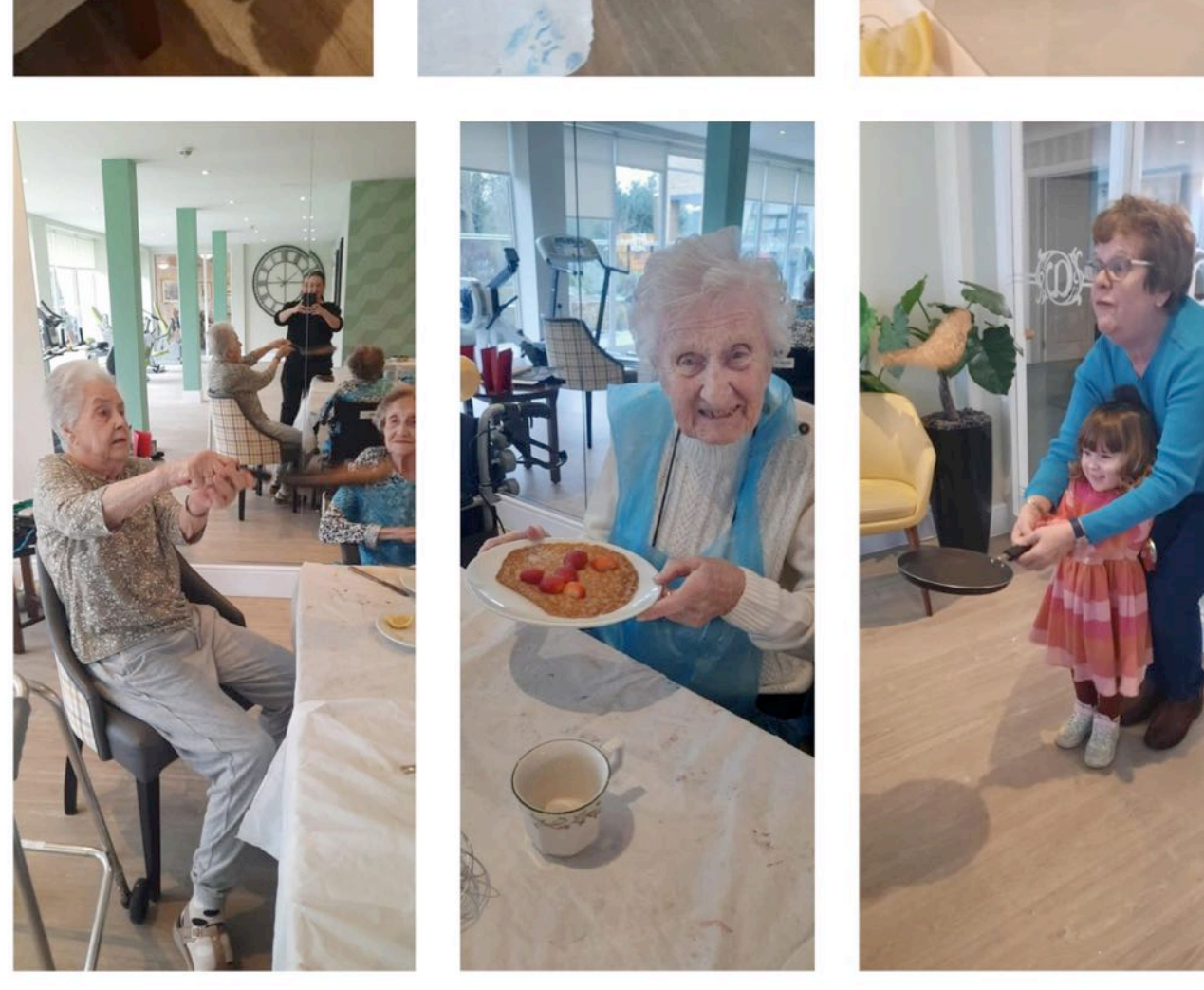


Pancake Day

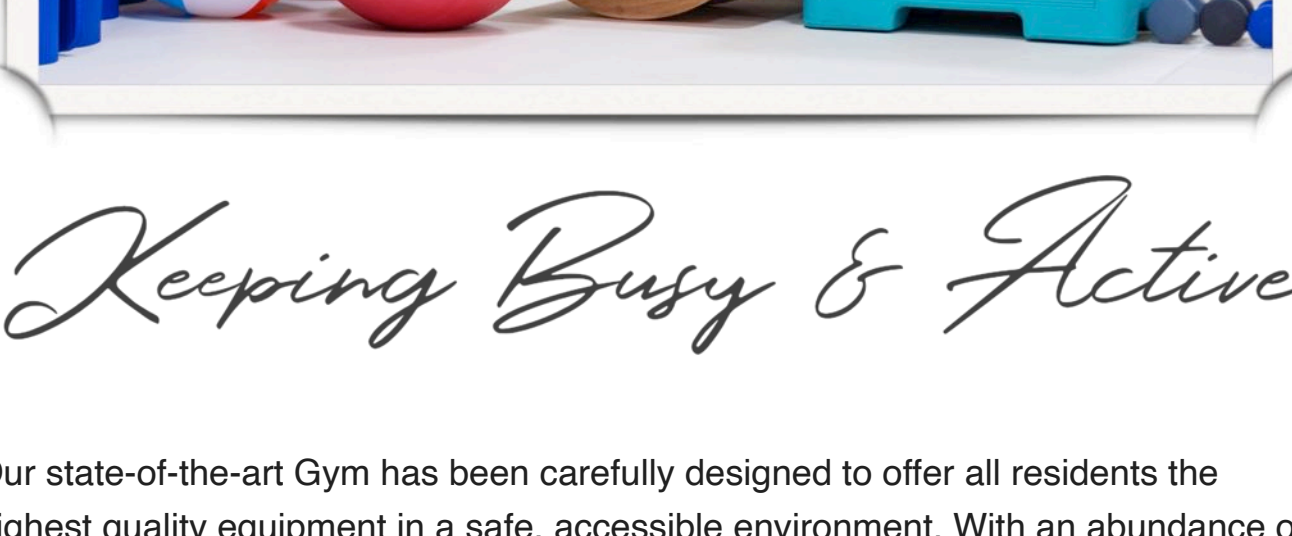


Tasty Treats

A flippin' good time was had in the celebration of Pancake Day! This was definitely a highlight for our residents as we held a competition to see who could flip the pancake the highest! Our residents then enjoyed their perfect stack with a choice of delicious toppings.

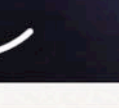
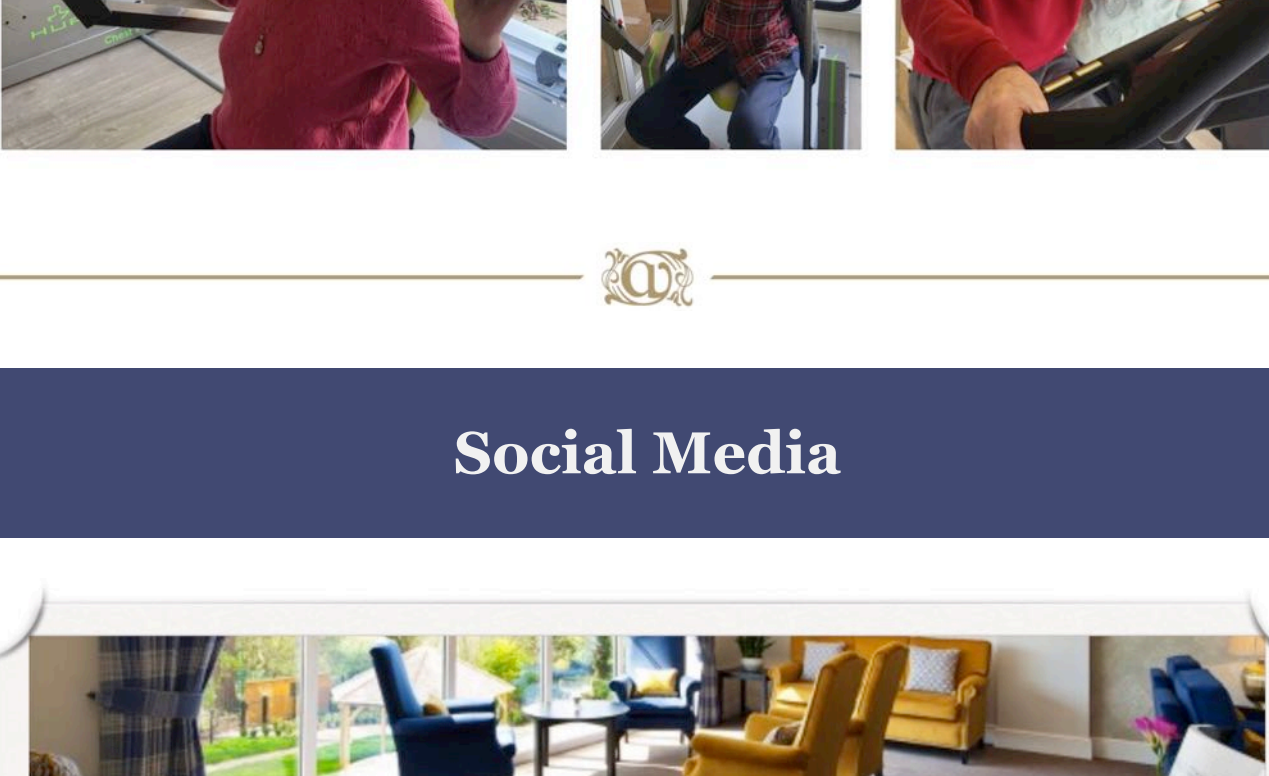


The Amwell Gym

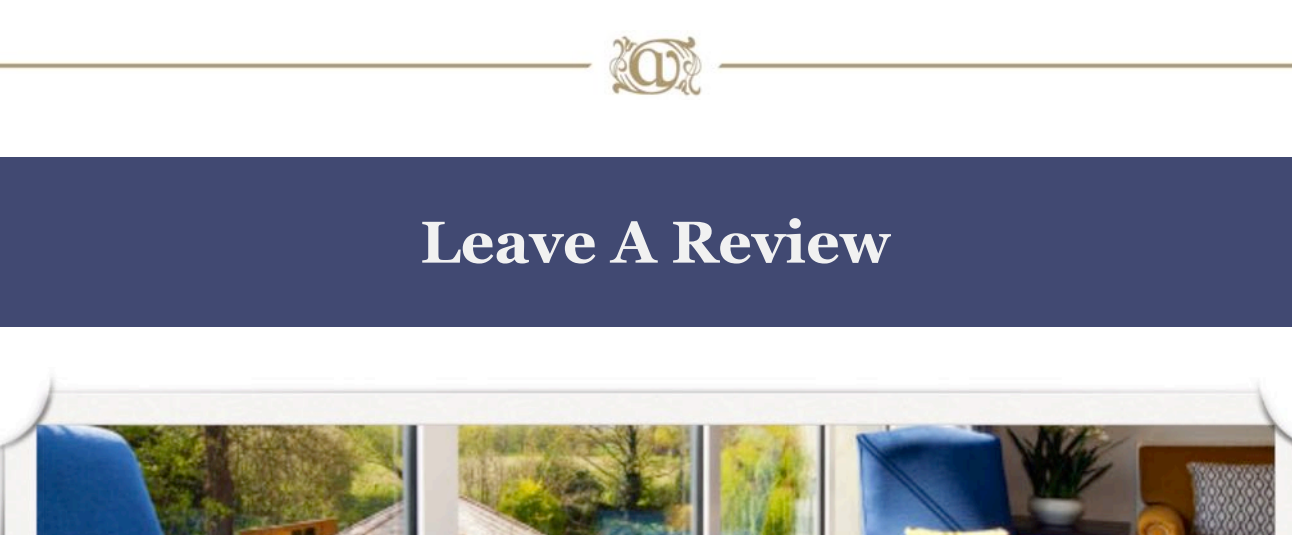


Keeping Busy & Active

Our state-of-the-art Gym has been carefully designed to offer all residents the highest quality equipment in a safe, accessible environment. With an abundance of benefits that come from an active lifestyle, our staff encourage residents to visit the Gym regularly, and are always on hand to assist with equipment and routines in any way they can.



Social Media

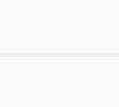


Socials

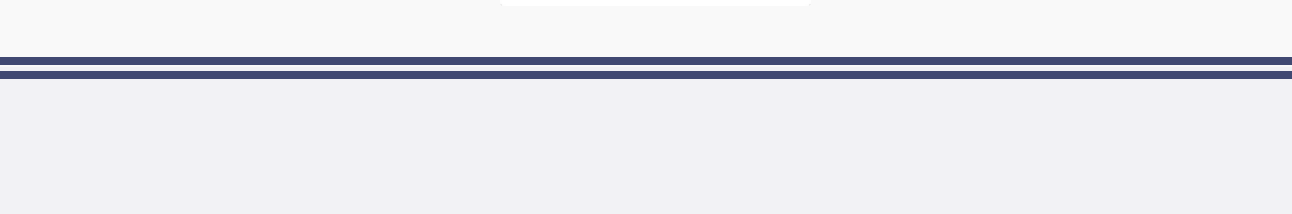
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Reviews

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