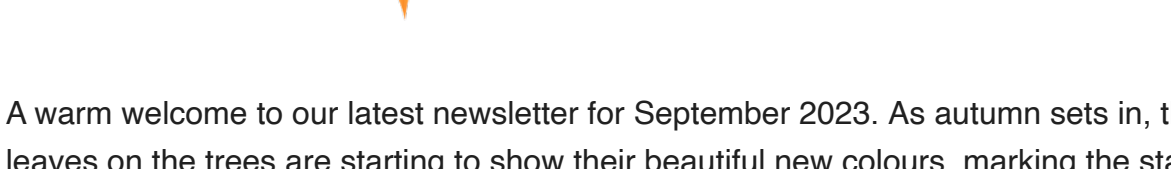




## Welcome To Our Newsletter



A warm welcome to our latest newsletter for September 2023. As autumn sets in, the leaves on the trees are starting to show their beautiful new colours, marking the start of the new season. We are thrilled to share with you all the latest happenings and updates in our home.

Also, if you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

The Amwell Care Home Team



## Vintage Cars



### Treasured Memories

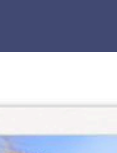
#### Vintage Car Day: A Day of Nostalgia and Community

We hosted a Vintage Car Day, a special event that brought together the residents, their families and the community. The event was organised after the residents had taken part in a quiz on old-style vehicles in the week leading up to the event. On the day of the event, vintage vehicles arrived and the car drivers interacted with the residents, explaining how the engines worked and the history of the vehicles. The drivers were happy to answer any questions the residents had.

The Vintage Car Day was organised with the purpose of allowing the residents to reminisce about the old cars they used to drive or see around town when they were growing up. The event also aimed to celebrate the working cars that have become part of the history of the town.

Throughout the day, the residents enjoyed seeing all the vintage vehicles and they enjoyed chatting with the drivers about the age, make and models of the cars. Cakes and coffee were distributed throughout the day, adding to the festive atmosphere.

The Vintage Car Day brought together the families, the community and the residents. It created a sense of togetherness as the residents talked about the old vehicles and relived their memories of the past. The event was a great success and the residents talked about it for days afterward.

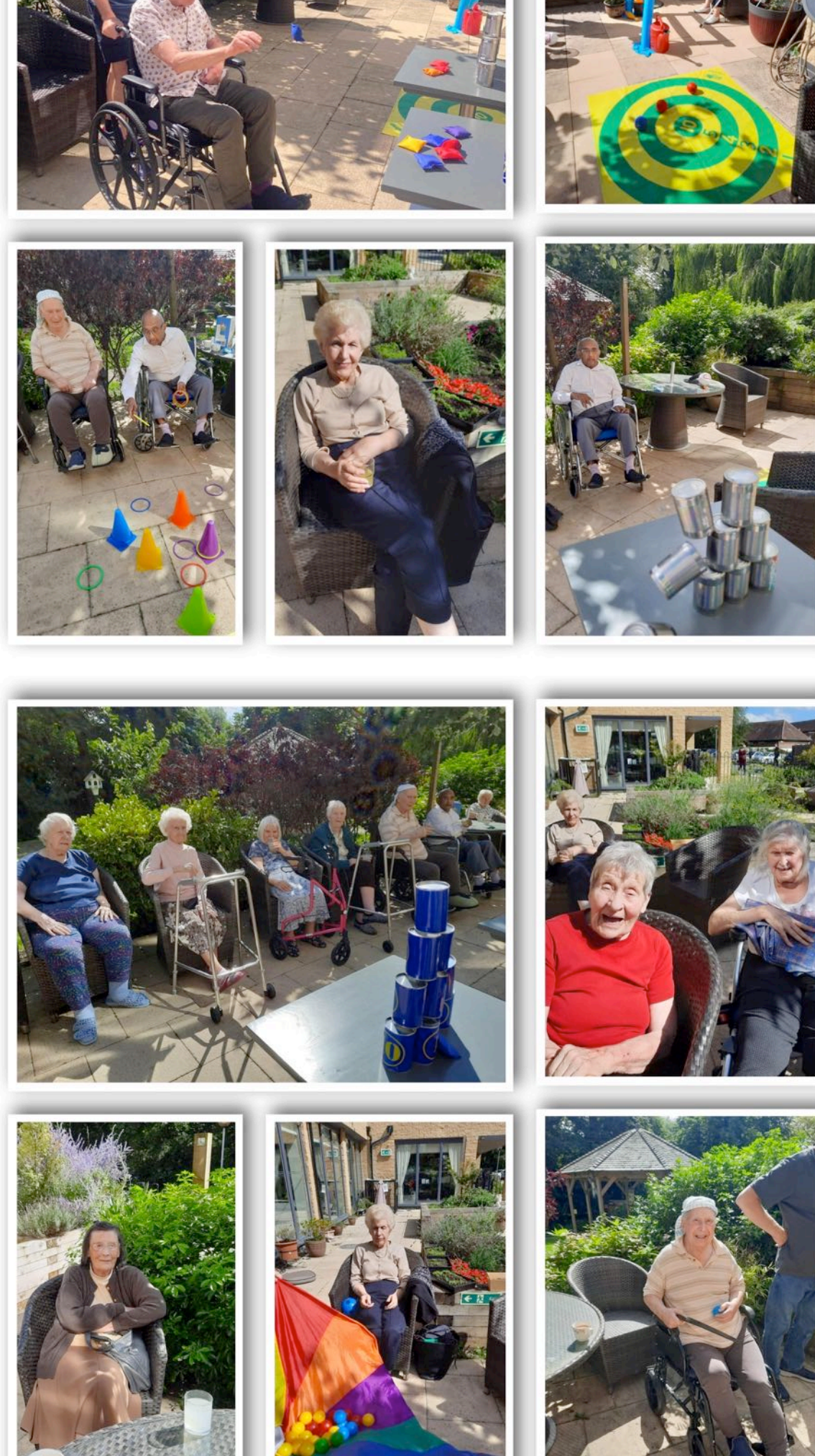


## Last of the Summer Sunshine!



### Fun & Games

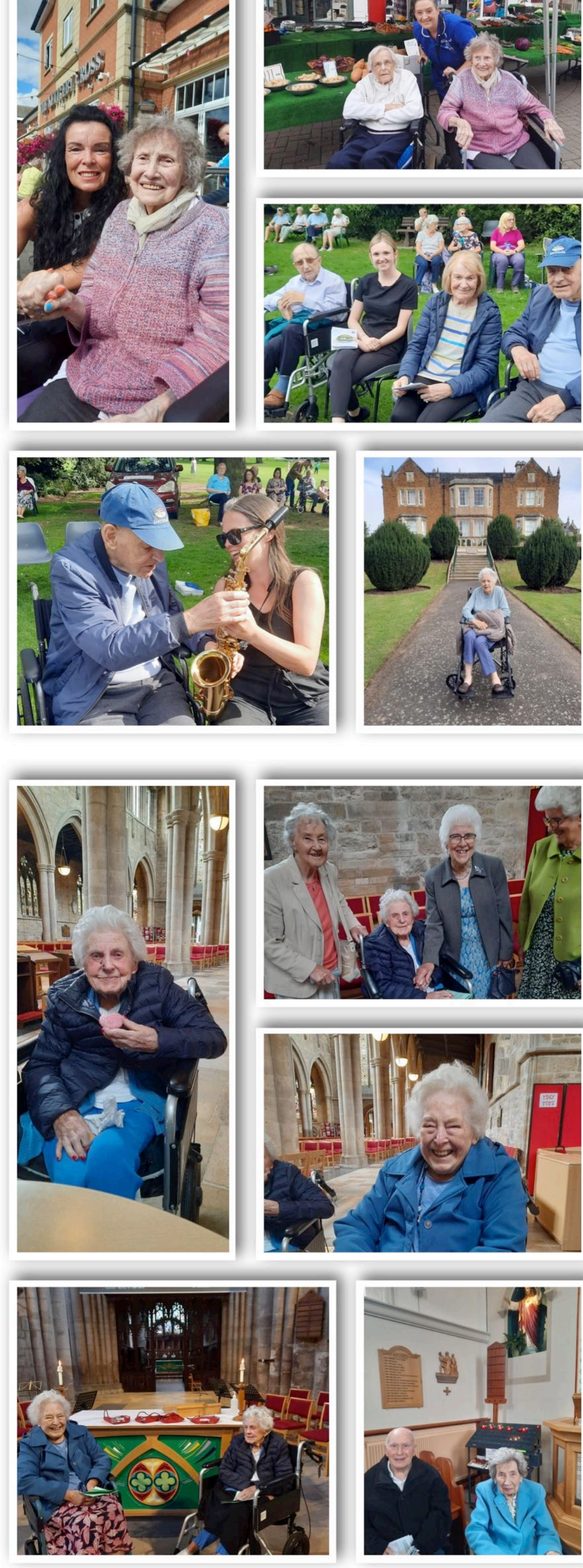
As the summer days slowly came to an end, we made a conscious effort to soak up every last bit of the warm sunshine. We spent hours out in the garden, surrounded by flowers and lush greenery, taking in the beauty of nature around us and enjoying our outdoor games.



## Outings

### Out & About...

Getting out and about in the community provides our residents with the opportunity to socialise, engage in activities they enjoy and experience new things. For residents in care homes, it can also help them feel a sense of connection to the world outside and maintain a sense of independence and autonomy. That's why we always encourage and facilitate community outings for our residents whenever possible.



## Events & Activities



#### Alpacas Visiting

The idea of bringing alpacas to the care home is a great one that is sure to bring joy to the residents. Alpacas are gentle and adorable animals that are known for their friendly and calm nature. They are also hypoallergenic, which means that they are safe for people with allergies to be around. The residents of The Amwell are sure to enjoy spending time with these lovely creatures and learning more about them.

The presence of alpacas is also likely to have a positive impact on the mental and emotional well-being of the residents. Studies have shown that interacting with animals can help reduce stress and anxiety, lower blood pressure, and promote feelings of calm and relaxation. Alpacas are particularly good at this because they are not only kind and gentle but also have a calming presence.

#### Autumn Activities

The autumn season is a wonderful time of year and there are plenty of activities that can be enjoyed during this time. At The Amwell there are plans to engage residents in various autumn activities, including pumpkin carving and scarecrow stuffing. These activities are not only fun but also provide an opportunity for residents to connect with each other and engage in a creative process.

Pumpkin carving is a classic autumn activity that is enjoyed by people of all ages. It is a fun way to express creativity and create something unique. The residents can work together to carve pumpkins and decorate them in different ways. This activity can be done indoors or outdoors, depending on the weather and the preference of the residents.

Scarecrow stuffing is another fun activity that can be enjoyed during the autumn season. This activity involves filling a scarecrow with stuffing and dressing it up in different clothes and accessories. It is a great way to get creative and make something that can be displayed outside the care home. The residents can work together to create the scarecrow and come up with different ideas for how to dress it up.



## Social Media



Make sure to check out The Amwell Care Home Facebook Page.

**Don't Forget To 'Like' Us!**

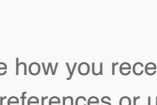
## Leave A Review



We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

[Google My Business Reviews](#)



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